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Download and open Wrestling Timer

Revision 2026-10-11

Install Wrestling Timer from the App Store and open it on iPhone or iPad.

Wrestling Timer runs practice and match clocks on iPhone, iPad, and Apple Watch. Start on iPhone or iPad.

Get the app

1. Open the **App Store** on your iPhone or iPad.
2. Search for **Wrestling Timer**.
3. Tap **Get** (or the cloud icon if you already own it), then open the app.

First launch

1. Open **Wrestling Timer**.
2. Wait through the launch splash. The logo is labeled **Wrestling Timer**.
3. If you are not subscribed yet, you land on **Subscribe to Wrestling Timer**. Go to [Subscribe or restore purchases](#).

Apple Watch installs with the same Universal Purchase. Open the Watch app after you subscribe on iPhone when you are ready.