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Your streak

Revision 2026-10-10

See how many days in a row you've journaled on Home.

Your streak is how many days in a row you've submitted a journal entry.

See it

1. Tap **Home**.
2. Look at the **Streak** card. The number is your current streak in days.

Keep it going by journaling every day. Writing today's entry: Write today's journal.

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